

How to Fit a Bra Correctly

Step 1

Measure the bra band size. Measure the rib cage below the bust. Add five inches to the measurement if the initial measurement number is an odd number. If it's even, add six.

Step 2

Determine the bra cup size. Wearing a supportive bra measure over the fullest part of the bust and subtract the band measurement from the full bust measurement.

Full Bust Less Band Measurement	Cup Size
Up to ½"	AA
½" to 1"	A
1" to 2"	B
2" to 3"	C
3" to 4"	D
4" to 5"	DD